

# 疫情下 家長心聲——與女兒同行



# 寶血女子中學

校訊 第三十六期 二零二零年六月

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年假後，接著發生新冠肺炎而放「疫假」，女兒在學習上變得懶散，直到老師在網上教學，女兒才重拾書本學習，遇到不明之處，便向姐姐求教，但姐姐也不能夠完全解答問題，所以她越來越逃避課業，幸得老師包容、慰問。疫假令我們關係緊張，復課後女兒重回校園生活，個性也漸漸開朗，她再次對我訴說每天做過的事，功課也追上了，彼此關係漸漸改善了。

從疫情開始，社會上人心惶惶，各行各業受到嚴重的經濟打擊，學校停課，完全打亂小朋友的生活。每天面對女兒的時間，除了督促她保持自我溫習的習慣，大家也會探討疫情的出現和進展，增加了彼此的交流，增加了彼此上網查資料的樂趣。我們每天往海濱公園，邊散步、邊聊天，也是增加父女感情的途徑。隨後學校實施了網上晚課，使女兒又回復學習的興趣，重燃了她學習的熱情。

這是一個悠長的假期，但因疫情嚴重，天天都是少外出，多清潔，所以有更多時間在家裏陪伴女兒。我們一起看新聞、看書、聊天，感覺女兒忽然間長大了，有自己的主見，懂得關心他人。我要在此讚揚學校的老師，他們每天為同學人準備網課，使學生的生活更加充實，這確是一個非一般的體驗。

隨著疫情發生，蔓延全球，停工停學。困境中，反而多了時間跟子女相處；疫情下，很多事情做不了，明白要活在當下，好好保重，珍惜眼前的人和事。子女在疫情困境中，勤力打掃衛生、認真抗疫，知道生命來之不易。子女通過這次「戰疫」，更學會跟家人、朋友好好相處，學會感恩，希望疫情快快過去，迎接世界和平。

## 學生心聲

中三信 馮敏妍

疫情期間，我因回鄉探親，被困在湖北，這是當時國內第一個被封鎖的城市。由於網絡的關係，我上了幾課的網課便沒有繼續了。雖說我曾嘗試自學趕上進度，但到了復課之時，欠交的功課仍然很多。復課沒多久，便到了考試週。這是我感到最困難的一次考試，實屬吃力。我捨棄睡眠的時間，努力複習，幸好最終取得了還算理想的成績。

停課期間，雖說我的學習進度脫了節，但我完全不覺得這段疫情浪費了時間，相反我對「生活」的學習態度，卻有所提升。先從我身處湖北的日子說起吧！由於我居住的大廈有感染個案，所以整座大廈宣布封鎖，居民足不出戶，包括我和我的家人在內。我們不僅不可以外出遊逛，更不可以離開家門。偶然家中的垃圾滿了，我們便會輪流推開門擺放垃圾袋在門外，然後自嘲笑說：「我剛去遊花園了！」雖然看似很無聊，但對於這段時光，我卻無比感恩——以前我的心中很少會想到家人，但正因為疫情令城市封鎖，讓我有機會和家人長時間相處；試想想你和我身處一樣的境況，雖然有手機相伴，但冰冷冷的金屬，始終及不上家人的陪伴，因此我與家人在這段時間創造了無數彌足珍貴的回憶。

最後，也為各位作出提醒——假如你是學生，請務必平時就好好預習、專心上課，不要到了期考才臨急抱佛腳，這也是我在這段疫情學到的「血的教訓」。

F.4F Christy Sentoso

During the school suspension, all of our classes have been moved online. Instead of communicating with teachers face-to-face, we utilized video-conferencing software to attend classes.

In the beginning, it was tremendously difficult to keep up with my studies and I was falling behind on most of my subjects. In addition to that, the change in the learning environment made it challenging for me to stay focused.

However, through this particular experience, I have discovered the importance of being more independent and active in class. I learned that asking questions can further my knowledge and understanding of certain topics. Apart from pushing myself to do revision on my own, it also helped me enormously when learning tricky concepts.



F.4H Hui Sze Ching



F.4H Wu Nok Yee

F.1F Jasmine Poon

2020 is a very special but terrible year to most of us because of the severe attack of COVID-19.

For me, I haven't been affected too much by the pandemic. In contrast, it was more likely to have a long vacation for me from January to June. I stayed at home because I didn't have to go to school. I am not particularly fond of wearing the mask when we go out especially during the hot summer—I can't breathe properly. It does keep me safe from the virus so it's not too bad, only a minor inconvenience at most.

During the school suspension, we had to have online Zoom lessons. However, online learning isn't really a good way for me to study. I didn't understand what the teachers were saying most of the time because I am a non-Chinese speaking (NCS) student. I was scared that I would fail in my final exams but luckily there were English notes in the Google Classroom. In my opinion, Zoom lessons are good for social distancing but not really good for actual learning.

I hope that this pandemic will end very soon. Meanwhile, keep the good practice of wearing mask to protect yourself and your family!

## 不一樣的學年

杜師正校長

自2020年開始，新冠肺炎疫情如巨浪般席捲全球，經濟停擺，學校停課，人心惶惶。回顧這數月以來的經歷，百感交集，也給予我們不少啟示，值得在此與大家分享。

### 珍惜與感恩

這次疫情，讓我們學會珍惜——珍惜健康的身體、寶貴的學習時間，以及與家人、朋友、同學相處的美好時光。擁有健康，不是理所當然的；那怕只是尋常的人情與事物，都要好好珍惜，用心經營。

下學期停課期間，最讓老師牽掛的是同學們都平安嗎？能好好自學嗎？有否「虛度日常」？因此，班主任以「陽光電話」與家長、學生聯繫，關顧同學的身心健康。科任老師也努力整合教學資源，配合互動練習、教學簡報、錄像短片等，分階段循序漸進於網上發放學習材料，並於三月實施全面的網上實時課堂，安排同學在網上常規地持續學習。最終，推動整個學習進程，並且順利施行，有賴教師、家長和學生三方面的緊密配合，實在值得感恩。

## 踏出安舒區 探索新領域

在沒有實體課堂的日子，全校師生把握在家學習的機遇，透過電子科技，突破了教室的框框；善用網上資源，更積極地探索廣闊的知識領域，與往常的課室教學相比，並不遜色。舉例來說，教師掌握網課即時回饋的優勢，讓同學在互動中愉快地主動學習；期望同學們積極從網上浩瀚的知識世界汲取養份，打破學習的界限，得益更多。這段期間校舍如常開放，雖然顯得有點冷清，但透過網絡的無形連繫，學習無間斷，卻瀰漫着一片積極向上的氣氛。

## 雨後霓虹 再現朝陽

諾厄方舟的故事，相信大家都聽過，上主說：「我把虹霓放在雲間，作我與大地之間立約的標記。」（創9：13）我們期待疫情過後，將有一番新的景象；恰似風雨過後，展現霓虹，代表天主的慈愛與恩典一直保守著我們。

轉眼間，這個「不一樣的學年」結束了。新學年到來，學校將開展一系列的培育人才大計，如：擴展全校獎勵計劃，鼓勵同學建立良好的習慣，持續努力學習；積極部署推動創新科技教育，啟發同學在創新科技領域上的潛能；着力培養同學具備國際視野，拓寬眼界及胸襟；加強中學階段的生涯規劃，構建美好的人生藍圖；還有，銳意強化價值教育，以訓輔合一的模式教導同學，陶成良好的品格。

寄望同學在新學年，懂得自主學習，好好裝備自己，充分展現潛能，向前邁進，迎接精彩的未來。最後，祝願各位身體健康，喜樂平安！



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F.4C Mok Wing Yan



# 中文科

## 疫情下的教學安排

司徒美儀老師

2020年1月至5月期間，因應疫症爆發，教師將日常課室中的課堂教學，逐步遷移至網上實時教學。中文科在讀寫聽說四方面，都作了以下的一些調整，以適應學生的學習需要。

### 讀寫方面

教師要求學生課前於網上搜集資料，先行預習，顯得更為容易。網上有不少的材料：文字、新聞、圖片、短片，都可緊扣閱讀的篇章，亦可讓學生搜集後作為撰文的依據，可貫徹學生自主學習的精神。

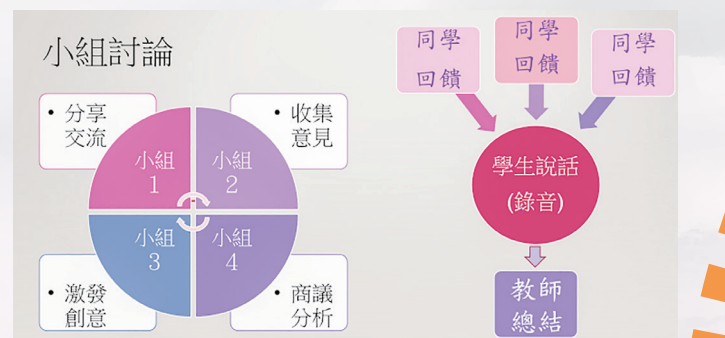
### 聆聽方面

預備	實時課堂	即時回饋
網題：選擇題目 聲效：錄音聲帶	傳：傳送資料 播：播放聲帶	內容：核對答案 統計：比率回饋

本校教師利用Google Form設計網上選擇題目，在實時課堂上安排學生做聆聽練習，即時在網上核對答案及統計回應正確的比率，快捷而具成效。

### 說話方面

教師利用實時網課的分組功能，安排學生分組討論。討論期間，同學可分享交流、收集不同的意見；亦可商議搜集所得的資料，細加分析，互相激發創意。教師在學生討論及說話時，可按擊錄音，留待其後回播以作回饋，作最後評析及總結。



### 結語

教師在這段停課的日子，關注網絡安全，建立網課常規，促使學生有效學習：

- 善用網課有利運用多媒體的特色，圖文並茂，聲畫並重，亦可有即時回饋的功效。
- 盡量讓學生參與，鼓勵學生於網上提問、回應、圈畫、繪圖等，亦配合其他網上各式教學軟件的功能，讓學生做互動練習，投入參與，停課不停學。



The COVID-19 health emergency has provided our PBSS English classrooms during months of lockdown with some real opportunities to push our teaching and learning methods to new levels. I'd like to reflect on the benefits of the e-learning approach I used, which admittedly was daunting to me in the lead-up to the first classes. I didn't see myself as a particularly I.T.-savvy teacher, but I knew that the answer to maintaining communication with my classes, continuing with teaching an uninterrupted curriculum and adhering to strict quarantine guidelines was to set up a virtual English classroom.

Zoom was the platform I chose as did most of the teachers in our school. The global conferencing community had already raised certain issues with Zoom software privacy that we understood and worked to minimise. To this, I also added requirements for my online learners to have their cameras and microphones on for the duration of the class so I had their full attention and they didn't become distracted by being unsupervised in their home environments. I found Zoom technology useful and flexible. I could put up information on documents and slides (Pear Deck) to list key learning points and my students could use a virtual blackboard to write responses on the shared screen. They also participated



well in discussions and I found they listened in a more concentrated way as they realised one person at a time could speak and they had to recall what a number of people had said. They were keen to respond to each other online and so I was pleased to find out that developing speaking skills in an English virtual classroom can be as successful as a traditional, physical classroom.

Another good thing about the Zoom virtual classroom is the sheer variety of educational apps that can be used on the platform. I used Kahoot, Gimkit, Quizlet and Quizizz and noted that my students readily embraced them, seeing them as



akin to 'games' when, in fact, they were great educational tools to review content we had learnt and to activate long and short memory recall functions. These platforms really spiced up my students' learning experiences because they came across as trivia quizzes and 'television game shows' and they had such fun competing with each other to blurt out the answers first! I also used dedicated English learning apps Grammar Ninja and Sentence Speedway, which were great for all abilities of English learners. As students could complete tasks online at their own pace and in their own time, they developed independent and self-directed learning skills, a road to lifelong learning.

Novel Coronaviruses and other

diseases could now be a fact of life for us and I feel that modes of remote and online learning are truly an exciting way forward in education in schools. Most educators I've spoken to feel the virtual classroom has become a necessary way to educate our learners now. But necessity isn't the key reason that I think our PBSS community needs to embrace these rich online environments. E-learning is "good education" because it's motivating, engaging and effective from all kinds of teaching and learning perspectives. Put simply, teachers and students love it!



# 疫情下，不一樣的學習

曾美月副校長



教師於停課期間研習網教

還記得一月中，師生在一片歡愉的氣氛下，互相祝福，迎接農曆新年假期的來臨。豈料因着2019冠狀病毒疫情的爆發，全港學校渡過了一個不一樣的假期；教育局因應疫情發展，一再宣佈延長農曆新年假期，最終，中學各級於五月下旬陸續復課。

## 停課=停學？ 停課≠停學？

即使校內教師對運用資訊科技教學有着一定的經驗，但在停課期間，要全面通過網上平台教學，為教師而言，仍是一大挑戰。期間，我校教師團隊展現了超卓的學習能力，教師通過自學、互相觀摩分享、舉行網上工作坊、以及回校互相指導實習，很快便掌握了實時網上教學的技巧。終於，我校從2月初主要以通過網上學習平台發放學習材料，逐步發展至3月下旬實施全校按照編定的時間表進行實時網上教學。

對學生而言，停課期間通過網上學習，也是一大挑戰。要在停課期間，保持規律的生活殊不簡單，加上器

材的限制，以及教師未能在旁逐一提點，課堂期間容易分心，影響學習成效。猶幸的是，我校學生都能自律守規，按時出席網課，部分級別更在停課期間舉行網上補課，以趕上學習進度。

## 曾經失去 倍加珍惜

好不容易於5月下旬，隨着教育局宣佈中學分階段復課，師生又再聚首一堂，倍感喜悅、興奮；除了可與良師摯友再次相聚，亦因為課堂終於回復固有的實體模式，同學們珍惜師生的互動——課堂上眼神的交流、肢體的語言、教師的關注以及即時的指導，這些都是網上教學不能取替的。

2019/20學年，是個不一樣的學年。未來，充滿着各種挑戰和未知之數，要在疫情中保持學習水平，需要高度自律，發揮自主學習的精神，建立良好的學習習慣。同學們，準備好接受挑戰了嗎？

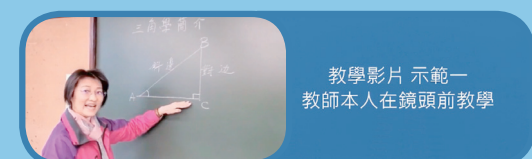
# 數學科

## ——分享停課不停學的教學方法

張頌儀老師

因應疫情的蔓延發展，數學科在不同階段也有運用不同的教學方法，善用不同的教學工具，如：善用GOOGLE CLASSROOM、拍攝教學片段、使用實時教學工具（如：Zoom，Meet）等進行網課。科內同事互相學習，互相分享，不時檢討大家的教學進度，十分團結合拍。經過這一次網上教學後，大家的IT水平也跨進了一大步。

以下分享一些本科在疫情期間的教學方式：



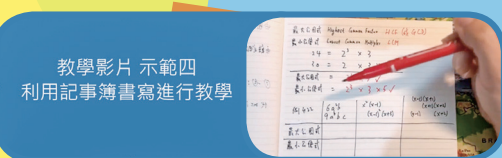
教學影片示範一 教師本人在鏡頭前教學



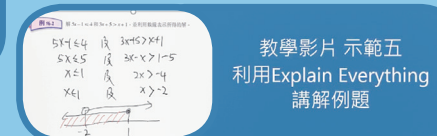
教學影片示範二 使用 Open Broadcaster Software 拍攝



教學影片示範三 混合使用 Explain Everything 及 Geogebra, 聲音並經過處理



教學影片示範四 利用記事簿書寫進行教學



教學影片示範五 利用 Explain Everything 講解例題